

BEER & CIDER

DRAFT

12 oz. / Pint (16 oz.) / 20 oz. / Pitcher 60 oz.

'WHAT THE HUCK' BERRY ALE (5%) - FERNIE BREWING CO.	Fernie, British Columbia	7 / 9 / 11 / 27
MISTY MOUNTAIN HOPS IPA (6.4%) - CANMORE BREWING CO.	Canmore, Alberta	7 / 9 / 11 / 27
LODGE 1383 (5.6%) - BANFF AVE. BREWING CO.	Banff, Alberta	7 / 9 / 11 / 27
LAWN CHAIR LAGER (5%) - GRIZZLY PAW BREWING.	Canmore, Alberta	7 / 9 / 11 / 27
LONETREE APPLE CIDER (5%) - LONETREE CIDER CO.	British Columbia	7 / 9 / 11
DRAFT FLITE	4 x 5oz. Sampler of the current Draft Beer selections	15
SAMPLE SIZES 5 OZ. OF ANY DRAFT BEER OR CIDER		3.75

ALBERTA & BC CRAFT BEERS

355ml Bottles / Cans

BLACK PILSNER	Banff, Alberta	9
POWDER HOUND BLONDE ALE	Canmore, Alberta	9
RUTTING ELK RED ALE	Canmore, Alberta	9
GRUMPY BEAR HONEY WHEAT	Canmore, Alberta	9
BEAVERTAIL RASPBERRY ALE	Canmore, Alberta	9
PROJECT 9 PILSNER	Fernie, BC	9

ALBERTA & BC CRAFT BEERS

473 ml Bottles / Cans

TEN PEAK PALE ALE	Canmore, Alberta	10
RAILWAY AVE RYE IPA	Canmore, Alberta	10
STRAIGHT LINE WHITE BELGIAN-STYLE WITBIER	Fernie, British Columbia	10
RAILYARD BREWING NITRO STOUT	Calgary, Alberta	10
AP WHITE RAVEN IPA	Yellowhead, Alberta	10
AP BLACK SPRUCE PORTER	Yellowhead, Alberta	10
OKANAGAN HARVEST PEAR	Kelowna, British Columbia	10
LEMON SHANDY	Canmore, Alberta	10

IMPORTED BEERS

355ml Bottles

CORONA	Mexico	8
PILSNER URQUELL	Czech Republic	8

SPECIAL

473ml Cans

EL CABALLERO	Canmore, AB	12
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NON-ALCOHOLIC

COTTON CANDY LEMONADE	- Monin Blue Cotton Candy, Fresh Lemon Juice, Soda	4.50
MOUNTAIN BREEZE	- Rhubarb Syrup, Lemongrass Syrup, Citric Lime, Soda	4.50
PASSIONATE	- Monin Elderflower, Monin Passion Fruit, Mint, Basil Seeds, Soda.	4.50
BEACH DAY	- Monin Mango, Monin Guava, Mint, Citric Lime, Soda.	4.50
AFFOGATO	- Double Espresso, served over Vanilla Ice Cream.	5

*A selection of Coffees, Teas, Soft Drinks, and Juices are also available.

THE
PROW
FOOD + DRINK

SINGLE PITCH (1.5 oz.)

12

THAI'D OFF - Colada Twist

Coconut Rum, Mango Syrup, Coconut Milk, Pineapple Juice.
No Beach... no problem. A mango colada to feel a little bit tropical.

NORTHERN LIGHTS - Aquavit Cocktail

Linie Aquavit Original, Fresh Apple Juice, Maple Syrup, Rosehip Bitters.
Unique, Beautiful, Refreshing. Juiced to order. No more words required.

LEAD CLIMB - Affogato Cocktail

Infused Espresso-Vanilla Vodka, Kahlua, Crème de Cacao, Baileys, Espresso, Vanilla Ice Cream.
Caffeine & dessert sorted.

FEED ZONE - Cosmopolitan Twist

Finlandia Vodka, Peach Schnapps, Cranberry Syrup, Lemon Juice, Blood Orange Bitters.
Bonked? Park in and get ready for another downstroke.

CLIMB ON - Vodka Shaft

Infused Espresso-Vanilla Vodka, Kahlua, Crème de Cacao, Baileys, Almond Milk, Espresso.
Charged up...enjoy your hike, ride, or climb.

10

MULTI-PITCH (2 oz.)

14

MISS TIFFANY - Pride Cocktail 🇺🇸

Finlandia Vodka, Elderflower Liqueur, Citric Lime, Mint, Butterfly Pea Flower Syrup, Soda
Proceeds will be donated to Canmore Pride for the month of June.

RUFOUS - Dark Rum Cocktail

Gosling's Black Seal Rum, Aperol, Pineapple Juice, Citric Lime, Cane Sugar Syrup, Bitters.
Feeling Seally? We've got you covered.

OVER THE PROW - Reposado Margarita

Corralejo Reposado Tequila, Cointreau, Agave Syrup, Citric Lime, Butterfly Pea Berry Syrup.
Straight forward, and Classic.

BLACKBEARY 2.0

Wild Life Vodka, Cointreau, Lemon Juice, Monin Blackcurrant, Basil, Soda.
The next generation of our original BlackBear-y.

ESMERALDA - Gin & Lemongrass Cocktail

Empress Gin, St. Germain Elderflower, Lemongrass Syrup, Mint, Citric Lime, Butterfly Pea Berry Syrup, Soda.
A touch of South-East Asian flavour, and a nod to our Sister CRMR property, Emerald Lake Lodge in Field, BC.

OH, DEER - Old Fashioned-ish

El Dorado 15 Year Rum, Makers Mark Bourbon, Mocha Syrup, Bitters.
A twist on an Old Fashioned, and a shout out to another Sister CRMR Property, Deer Lodge, in Lake Louise, AB.

RUMBLE COLADA - Colada Twist

Bumbu Rum, Coconut Rum, Coconut Milk, Pineapple Juice.
A reference to Mount Rundle, Banff's iconic giant.

HERO DIRT - Whisky PB&J Cocktail

Revel Stoke Peanut Butter Whisky, Knob Creek Smoked Maple, Rhubarb Syrup, Cranberry Juice.
Hero Dirt... the stuff of dreams for Mountain Bikers.

BANFFHATTAN - Manhattan Twist

Makers Mark Bourbon, Boulard Calvados, Martini Rosso Vermouth, Bitters.
Anytime is a good time for our twist on a Classic.

CARA-BEANER - Espresso Martini

Espresso infused House Tequila, Park Distillery Vanilla Vodka, Kahlua, Crème de Cacao, Baileys, Almond Milk, Espresso.
Old school, but with house made Espresso Tequila & Park Vanilla Vodka leading the route on this one.

SUMMER SPECIALS (2 oz.)

15

GRAVITY CHECK- Blended Cocktail

Bombay Sapphire Gin, Limoncello, Monin Mango, Lemon Juice.
Sun out - Check, Slushie in Hand - Check, Gravity - ??.

YUM, YUM, YUM, - Blue Twist on a Classic

Flor De Cana Secco Rum, Curacao Blue, Citric Lime, Monin Kiwi, Lime, Mint, Soda.
I'd give you one, but I already drank it Me want to try!

FEATURE PROW SANGRIAS - 6oz glass / 33oz bottle (servers up to 6 glasses)

16 / 75

Red - Malibu Rum, Crème de Cassis, Orange Juice, Fruit.

Pink - Triple Sec, St. Germain Elderflower, Cranberry Juice, Fruit.

White - Peach Schnapps, Passion Fruit Liqueur, Citrus - Peach Juice, Fruit.

Nothing defines Summer better than Sunshine, Patio, and cold Wine Cocktails. All kinds based on availability.

BLASTS FROM THE PAST

SLEEPING BUFFALO COCKTAIL (3 oz.)

14

Makers Mark Bourbon, Dubonnet, Courvoisier VS, Amaretto.
A favourite from our previous venue, Sleeping Buffalo Restaurant & Lounge.

THE PROW CAESAR (1.5 oz.)

13

Vodka, Clamato Juice, Pickle Juice, Red Wine, Bison Jerky and all the Fixins.

WILD LIFE MULE (1.5 oz.)

12

Wild Life Distillery Vodka, Mule Syrup, Fresh Lime, Blood Orange Bitters, Soda.

TASTINGS

These rums won't come with cola, and these tequilas won't come with salt & lemon.

An opportunity to try a selection of rums and tequilas, served straight up, to highlight their flavours.

RUM Flite (0.5 oz. OF EACH)

16

Bumbu, Dictador 12, El Dorado 15, Zacapa 23 Solera.

TEQUILA Flite (0.5 oz. OF EACH)

16

El Espolòn Blanco, Teremana Reposado (Dwayne Johnson), Don Julio Anejo, Casamigos Anejo (George Clooney).