



3 NIGHT WINTER SKI ITINERARY



THE ULTIMATE GUIDE TO A SKI FOCUSED STAY IN BANFF

Banff in winter is a skier's paradise. With world-class resorts like Sunshine Village, Lake Louise, and Mt. Norquay just minutes away, the snow-covered peaks and crisp alpine air set the stage for unforgettable days on the slopes. After carving fresh powder, return to the cozy comforts of Buffalo Mountain Lodge where in-room wood-burning fireplaces, hearty Rocky Mountain cuisine, and a steaming outdoor hot tub make it the ultimate homebase for your Banff ski adventure.

HOW TO GET HERE

CAR – If you are driving to Banff from the Calgary International Airport, the trip is a short 1.5 hours. Car rentals are available at the airport itself. On the #1 Trans Canada Highway, take the first exit into Banff (Banff Minnewanka Loop exit). Make a left off the exit and then take the first road to the left (Tunnel Mountain Road). Follow the road for about 10 minutes passing the campgrounds and we are the second hotel on the left. Parking is complimentary for guests at the lodge. Please take care when driving on the roads in the winter as weather can be subject to change.

TRANSIT – Enjoy door to door transit from the Calgary airport to Banff. The Banff Airporter or Brewster Bus will ensure you get to your destination in good time! The town of Banff also has its own transit system. The [Roam Bus](#) will get you around town and to some of the top attractions including Banff Gondola, Lake Minnewanka and even Lake Louise & Johnston Canyon!



SKI HOLIDAY TIPS

GEAR RENTALS

Get slope-ready with ease by picking up your ski or snowboard rentals right in Banff. Convenient, flexible, and perfect for making the most of your mountain adventure. Popular rental shops include Snowtips-Bactrax, Ultimate Sports, Banff Adventures, and Chateau Mountain Sports, all offering quality gear and helpful local advice.

LIFT TICKETS

SkiBig3

The SkiBig3 Lift Ticket gives you access to all three Banff resorts – Sunshine Village, Lake Louise Ski Resort, and Mt. Norquay – with one convenient pass. Purchase online in advance through [SkiBig3.com](https://www.skibig3.com) for the best rates, or buy in person at their Banff Adventure Hub on Banff Avenue. Multi-day passes include free shuttle service from town to the resorts.

SUNSHINE VILLAGE

Lift tickets for Sunshine Village can be purchased directly online at [skibanff.com](https://www.skibanff.com) or at the base of the gondola. Buying ahead of time is recommended during peak weekends and holidays.

LAKE LOUISE SKI RESORT

Day and multi-day lift tickets are available online at [skilouise.com](https://www.skilouise.com) or on-site at the resort base. For savings, book in advance or bundle your tickets with rentals and lessons.

MOUNT NORQUAY

Lift passes for Mt. Norquay can be purchased online at [banffnorquay.com](https://www.banffnorquay.com) or at the ticket window. Norquay offers unique options such as hourly tickets, night skiing passes, and tubing park access.



DAY ONE

3 NIGHT WINTER SKI ITINERARY

4:00PM – Check-in

6:00PM – Dinner at The Prow

The Prow transforms into a cherished gathering place before or after a day of exploration. Savour traditional Rocky Mountain ingredients that have been elevated to new heights or unwind après adventure with tantalizing shareables. [See the menu here.](#)

Reservations [can be made here.](#)

8:00PM – Outdoor Hot Tub

Indulge in the ultimate relaxation by soaking in Buffalo Mountain Lodge's stainless steel outdoor hot tub. Located just steps from the main lodge, guests can enjoy mountain views during the day, and star gaze at night.

Open until 11PM daily. Change rooms and towels available.





DAY TWO

3 NIGHT WINTER SKI ITINERARY

7:00AM – Pick up Summit Breakfast To-Go

Fuel your adventures with breakfast on the go! Pick up your adventure packed meals at the front desk for only \$21. Perfect for a day on the slopes. Available beginning at 7AM.

Note: Please ensure you have your order submitted via the front desk no later than 8PM the evening prior.

[View our Summit Breakfast menu here.](#)

8:00AM – Skiing or Snowboarding at Sunshine Village

Drive or catch the [free shuttle](#) from Downtown Banff to Sunshine Village for a full day of skiing, grabbing lunch on the hill at Trappers pub or Nikko Ramen. Get lift tickets in advance [here](#).

Skiing at Sunshine Village is a true Banff National Park adventure. Just a short drive from town, this world-class resort offers breathtaking alpine terrain spread across three mountains. With Canada's longest non-glaciated ski season, stunning above-treeline vistas, and runs for every level – from wide-open cruisers to powder-filled bowls – Sunshine delivers an unforgettable Rockies ski experience.

4:00PM – Dinner and Happy Hour in the Lounge

Reservations not required.

Enjoy a range of delicious share plates, appetizers or heartier mains in the [Prow Lounge](#). Grab a seat close to the fire and be sure to take advantage of our happy hour drink specials that run everyday from 4–5PM.

7:00PM – Outdoor Hot Tub

Rejuvenate and relax with a soak in our newly-renovated outdoor hot tub, located beside the main lodge. Open daily 9AM–11PM. Towels provided on site.

9:00PM – Cozy Up in Front of Your In-Room Fireplace

All rooms at Buffalo Mountain Lodge are equipped with their own wood-burning stone fireplace. The perfect place to warm up after an exciting day exploring Banff! For an extra sweet treat, s'mores packages can be ordered via the front desk.

DAY THREE

3 NIGHT WINTER SKI ITINERARY

7:00AM – Breakfast at The Prow

The perfect way to start your first day exploring Banff is with a delicious breakfast at The Prow. With options for every morning meal enthusiast, dishes range from a classic Mixed Grill, Fresh Buttermilk Pancakes, Eggs Benedict, and much more.

8:00AM – Pick up Explorer's Packed Lunch To Go From the Front Desk

Perfect for a day packed with adventure! This packed lunch to go includes a snack, sandwich and bottled beverage.

Note: Please submit your order sheet via the front desk no later than 8PM the previous evening.

[View our Explorer's Lunch menu here.](#)

9:00AM – Skiing or Snowboarding at Lake Louise

Drive, or catch the [Roam Bus](#) from Downtown Banff to Lake Louise Ski Resort for a full day of skiing, taking a break to enjoy your explorer's lunch at Temple Lodge. Get lift tickets in advance [here](#).

Skiing at Lake Louise is an unforgettable Rocky Mountain experience. Surrounded by soaring peaks and sweeping alpine vistas, this world-class resort offers over 4,200 acres of skiable terrain for every level – from gentle groomers to thrilling steeps and bowls.

5:30PM – Après Ski Drink in the Lounge at The Prow

7:00PM – Dinner Options in Downtown Banff

- **SALTNIK** for a meat-first meal
- **The Maple Leaf** for classic Canadian sets
- **Park Distillery** for comfort food and small-batch spirits

9:00PM – Outdoor Hot Tub & Outdoor Firepit at Buffalo Mountain Lodge

Conclude the evening by unwinding in the soothing waters of the hot tub or embracing the cozy warmth of the outdoor firepit.

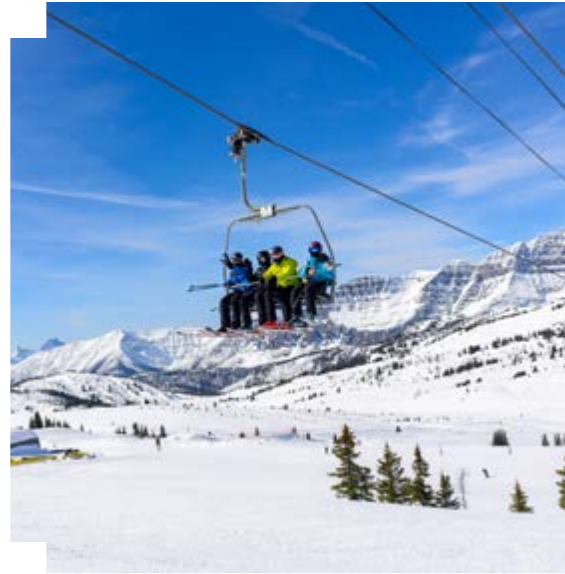




Photo Credit: Reuben Krabbe



DAY FOUR

3 NIGHT WINTER SKI ITINERARY

8:00AM – Breakfast at The Prow

The perfect way to start your day is with a delicious breakfast at The Prow. With options for every morning meal enthusiast, dishes range from a classic Mixed Grill, Fresh Buttermilk Pancakes, Eggs Benedict, and much more.

9:00AM – Check out of Buffalo Mountain Lodge

Bid farewell to your cozy accommodation and head out for your final day of skiing or snowboarding.

10:00AM – Skiing or Snowboarding at Mount Norquay

Banff's hometown hill just minutes from Buffalo Mountain Lodge features wide-open groomers, a lively terrain park, night skiing and sweeping views of the Bow Valley. It's the perfect mix of convenience and adventure.

3:30PM – Depart for Your Next Destination

Leaving Banff National Park full of memories that will last a lifetime. Thank you for visiting!

WHY STAY AT BUFFALO MOUNTAIN LODGE?

- Close proximity to activities – easy access
- Seclusion atop Tunnel Mountain
- Free parking
- In-Room Fireplaces
- On-Site restaurant – The Prow
- Outdoor hot tub
- Recently renovated rooms
- 24-hour fitness centre
- Scenic walk into downtown Banff

**BOOK YOUR AUTHENTIC
BANFF EXPERIENCE
AND WINTER STAY TODAY**

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